

THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly



**21
JAN
2024**
YEAR B

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay

Want to receive the bulletin via e-mail? Email parishoffice@northharbourcatholic.org.au



3RD SUNDAY IN ORDINARY TIME

"Come after me, and I will make you fishers of men."
- Mk 1:17

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

FIRST READING

Jonah 3:1-5. 10

Jonah is sent to save Nineveh.

RESPONSORIAL PSALM

Ps 24:4-9. R. v.4

Teach me your ways, O Lord.

SECOND READING

1 Corinthians 7:29-31

The time is short.

GOSPEL ACCLAMATION

Mark 1:15

Alleluia, alleluia!

*The kingdom of God is near;
believe the Good News!*

Alleluia!

GOSPEL READING

Mark 1:14-20

*Jesus begins his ministry in Galilee,
calls the Apostles.*

MASS & LITURGY TIMES

CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

MASS:

Wednesday, 9am
Sunday, 9am

BAPTISM:

Sunday, 10.30am

1st Sundays of the month (within the 9am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

RECONCILIATION:

Saturday, 5.00 to 5.45pm
Church of St. Kieran

YOUTH MASS:

2nd Sundays of the month
during the school term.

WEDDING:

Require six months notice and
include Pre-Marriage Course as
part of the preparation.

CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

MASS:

Monday, Tuesday, Thursday, Friday*, Saturday,
8.30am

Saturday (Vigil), 5.30pm

Sunday, 7.30am, 9.30am, 6pm

*Adoration to the Blessed Sacrament after Mass
on Fridays.*

BAPTISM:

Sunday, 11.30am

1st Sundays of the month (within the 9.30am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather. We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present and extend that respect to all First Nations people in our community.



WELCOME TO NORTH HARBOUR

- YOU ARE INVITED
- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

GET IN TOUCH



WWW.BBCATHOLIC.ORG.AU/NORTHHARBOUR
2 KING STREET, MANLY VALE 2093 NSW

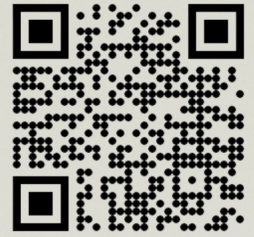


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Scan me!



WHY DO WE DO THAT? Catholic Life Explained

Question:

Can a person (the mother, father, or provider) ever be forgiven for an abortion?

Answer:

For people of faith, any conversation of human sinfulness should always lead us to reflect on God's loving mercy. Because God's mercy is greater than any sin, the Church is clear that even those involved in the sin of abortion can be reconciled with God and the Church. To help make this grace more available through the Sacrament of Reconciliation, Pope Francis extended the permission to absolve someone of the sin of abortion to all priests in 2016.

Even with the grace and blessings of the Sacrament of Reconciliation, the tragedy of abortion and the aftermath of abortion takes a toll on everyone involved. Ministries of outreach and support, such as Project Rachel, offer pastoral counseling, support groups, retreats, and other forms of care. As Christians, we are also called to help promote this healing and reconciliation in all its forms. To learn more, visit www.hopeafterabortion.com.

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BRINGING HOME THE GOSPEL

Before Jesus begins his public ministry he gathers a group of men to walk with him. He understands that he will need support and even encouragement if he is to accomplish his mission. Jesus realizes how big the job was going to be, and he knew he would need help if he wanted his message to reach as many people as possible.

It was the disciples who seemed to do most of the negotiating for the everyday necessities (a place to stay, food for the crowds, etc.). There is a great lesson in this Gospel for all of us. If even Jesus needed people to nurture and encourage him, consider how important the support of a loving community is for us, and our children. Staying committed to Christian values is not always easy in today's society. This is why it is essential to surround your children and yourself with people who share your values.

Christians are not theists. We do not believe in a "me and God" approach to religion. We are Christians; we find God all around us, especially in other people. A faith community is essential for Christians. Become involved in your church, get to know people socially so your children have other role models to look up to.

Our children also need to see that Mom or Dad sometimes needs help. Parents make mistakes and messes that have to be fixed or cleaned up too. Children need to see that even their parents, on occasion, need their help. All of this is part of teaching our children to be interdependent, a crucial learning if they are going to understand what it means to be a Christian.

FAMILY RESPONSE:

Discuss who the people are who support and nurture your family. Decide on a way to thank them.

PERSONAL RESPONSE:

Outside of your immediate family, what group of people is your greatest support? How can they help you?

“
WE SHOULD SPEND AS MUCH TIME
IN THANKING GOD FOR HIS BENEFITS
AS WE DO IN ASKING FOR THEM.
”

ST. VINCENT DE PAUL



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WEEKLY SOCIAL JUSTICE CHALLENGES

Sunday's Gospel has Jesus calling together a motley group of people to be his apostles. They drop whatever they are doing—fishing, mending their nets, whatever—and begin a life of discipleship. What trust they demonstrate in Jesus! Your challenge this week is to drop the “nets” in your life which keep you from contributing to the building of God's Kingdom as Jesus described it—a Kingdom in which everyone gets the chance to live with dignity and hope. Reflect on how willing you are to drop the mundane in order to follow Jesus.



CARE FOR CREATION TIPS

“For the present form of this world is passing away.” –1 Corinthians 7:31.

It can be frightening to imagine that the extremes of heat and cold, storms, droughts, rising oceans, and wildfires are the new normal, but scientists worldwide agree on this. If the world as we know it is passing away, what new, simpler lifestyles can we embrace as life-giving even though we may have experienced them as inconvenient restrictions previously? Less, or no, air travel? Less-extravagant consumption? Eating lower on the food chain? Wearing more layers and keeping the heat turned down? This week, choose something you previously considered inconvenient and focus on the simplicity, pleasure, and value inherent in it now.



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PASTORAL CARE FOR THE HOMEBOUND

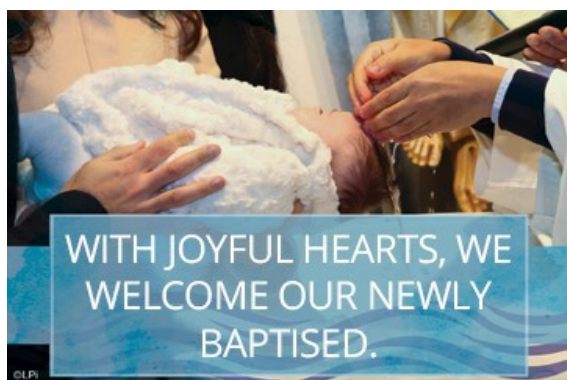
Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office.

SICK CALLS AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

BUSINESS HOURS:
PARISH OFFICE—9949 4455

AFTER HOURS:
(Evenings & Weekends)
0490 898 464



Charlotte Augusta
Ellenore Joy
Frederick Quincy
children of Alexander & Millicent

PRAY FOR THOSE IN OUR COMMUNITY:

SICK:

Greg Keogh, Mary Sig Kim Meng

RECENTLY DECEASED:

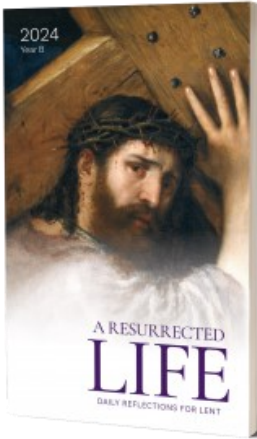
Bartola Cavalletto, Doris Rattos, Jeremy Hession,
Sr Lucy Grey, OSA, Mharcis Ricohermoso, Carmel King

ANNIVERSARIES:

Aileen Treston

Our community would love to pray for you.
If you have an intention you would like to be included in this bulletin please e-mail
parishoffice@northharbourcatholic.org.au

LENTEN REFLECTION GROUPS



The Season of Lent this year will commence on 14 February (Ash Wednesday).

We invite you to join the Lenten Reflection Groups that we will organise this year to reflect on the readings of the 5 Sundays of Lent. The resource we will be using is from Evangelisation Brisbane.

More details about the Lenten Groups will be made available in the following weeks.

MINISTRY OF WELCOME (GREETER)

Our Welcome Team is comprised of volunteers who greet and assist parishioners and visitors attending Mass. Members are expected to be available for service during the Mass they attend. The Team also receives training as necessary.

SIGN-UP FORMS IN THE FOYER



FRIDAY 26 JANUARY

MASS @ ST KIERAN'S, 8.30AM
FOLLOWED BY MORNING TEA



VOLUNTEERS
NEEDED

BE AN
EXTRAORDINARY
**MINISTER
OF HOLY
COMMUNION**



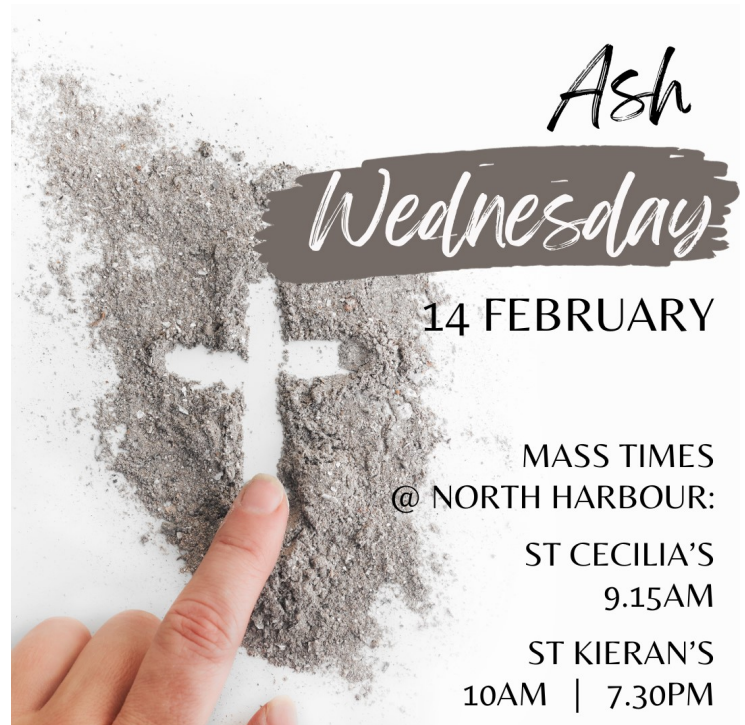
SIGN-UP FORMS IN THE FOYER
Training will be provided

COME, BE A LECTOR

TRAINING WILL BE
PROVIDED

North Harbour Liturgy Committee is looking for LECTORS to proclaim the Word of God for Weekend Masses.

If you think you've got what it takes to be a lector, please complete the form available in the foyer or scan the QR code.



Ash
Wednesday

14 FEBRUARY

MASS TIMES
@ NORTH HARBOUR:

ST CECILIA'S
9.15AM

ST KIERAN'S
10AM | 7.30PM

FAMILY & SACRAMENTS MINISTRY COORDINATOR

We have some important news to share with you. After many years of faithful and dedicated service, Janette Davidson, our Family and Sacraments Ministry Coordinator, has decided to retire at the end of February. Janette has been a vital part of our parish community, helping countless families and individuals to grow in their faith and to receive the sacraments of Baptism, Confirmation, First Communion, and Reconciliation. She has also been a source of inspiration and encouragement to us, her co-workers, with her generosity, wisdom, and humour. We are very grateful for all that she has done for our parish and for the love that she has shown to everyone.

We invite you to join us in expressing our appreciation and gratitude to Janette for her service and contributions. You can send her a card, an email, or a phone call to wish her well and to thank her for her ministry. You can also join us for a special farewell celebration that we will have for her in the following weeks.

We pray that God will bless Janette abundantly in her retirement and that she will enjoy this new chapter of her life. We also ask for your prayers as we seek a new Family and Sacraments Coordinator for our parish. May God continue to guide and protect our parish family.

STATIONS *of the* CROSS

Fridays during Lent
7.30pm
St Kieran's Church

February 16, 23
March 1, 8, 15, 22

All ages welcome.
Prayer guides provided.

ST CECILIA'S CATHOLIC PRIMARY SCHOOL

Do you want to join our team? We are hiring...

We are looking for an inspiring and faith-led Parent Engagement Coordinator (PEC). This part-time position will play a crucial role in building and maintaining a welcoming, respectful community, while strengthening relationships between school, parents/families and the wider catholic community. More details to be provided next week.

We Are HIRING

Catholic Community of
NORTH HARBOUR

Family & Sacramental Ministry Coordinator

PERMANENT PART-TIME

Media & Communications Coordinator

PERMANENT PART-TIME

Please email your application to
parishpriest@northharbourcatholic.org.au

For enquiries, please contact Fr Michael Belonio, OSA
on 9949 4455

Applications close on Friday 9 February 2024.

Job Description will be made available in this link:
www.bbcatholic.org.au/about/contact-us/positions-vacant

SAVE THE DATE:

Fr Abel's 60th Anniversary of Ordination
to the Priesthood will be celebrated on
Sunday 18 February at the 9.30am Mass.

All welcome!!!



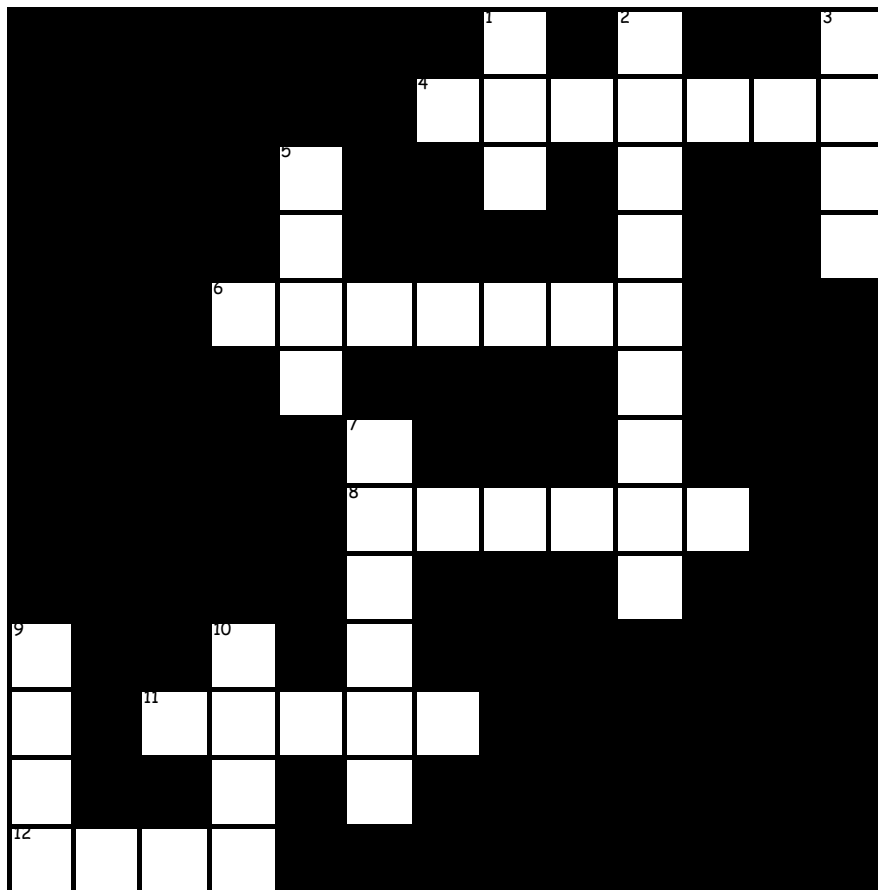
Hospitality Volunteers Needed

FOR SUNDAY 9:30AM MASSES AT ST KIERAN'S CHURCH

Hospitality at North Harbour Parish will be back this year and we are looking for more volunteers to join this wonderful ministry which will start back on Sunday, 4 February.

The 2024 roster is being finalised and would love to have some new faces join the existing team of volunteers. It is entirely up to you regarding how many times a year you would like to volunteer. The parish would be responsible for providing the morning tea and the volunteers are simply required to set up (15 minutes prior to mass commencing), serve and pack away. As most of you are aware the parish has a great coffee machine, and this too will be back this year. We are more than happy to show the volunteers how to use the coffee machine.

So, if you feel like this is something you can help with, and you would like to become a part of the hospitality team for 2024 or would simply like more information please email or give Adriana a call 0402 099 746 or albowyer@bigpond.com.



CROSSWORD PUZZLE

Believe the Good News.

ACROSS:

- 4: to accept the truth
6: Jesus walked along the shore of this lake
8: Simon Peter's brother
11: this man was John's brother
12: you use a clock to tell the ____

DOWN:

- 1: fishermen use one of these to catch fish
2: men who catch fish
3: a report of a recent event
5: this is used to travel across water
7: the opposite of mother
9: the fishermen left their nets and boats behind and ____ with Jesus
10: Jesus saw the fishermen casting their nets into this

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Sharing the Gospel

Jesus will teach you to catch others for him. You can catch fish by putting food in front of them. People need soul food to be close to God. People want to go to heaven with God. Tell them that Jesus loves them and died on the cross for them. Tell them he wants everyone to do good. Then people will gladly come into his net. They will be at peace because Jesus will give them everything they need.

Prayer

Lord, help me stay hooked on you.

Mission

Each morning I will pray that more people follow the ways of Jesus.

©LPi

Promoting a safer *Church*

The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the LIFE of the Church.

SAFEGUARDING
is everyone's responsibility



COLOR

Read the Gospel of the week and color the image.





Lord, let me offer You the sacrifice of every thought and word—only first give me what I may offer You.
Confessions 11, 2
- St. Augustine of Hippo

NEXT WEEKEND (28 JANUARY): 4TH SUNDAY IN ORDINARY TIME, YEAR B

1st Reading

Deuteronomy 18:15-20
The Lord will raise up a prophet like Moses.

Responsorial Psalm

Ps 94:1-2. 6-9. R. v.9
If today, you hear his voice, harden not your hearts.

2nd Reading

1 Corinthians 7:32-35
Devote yourself to the Lord.

Gospel Acclamation

Matthew 4:16
Alleluia, alleluia!
A people in darkness have seen a great light: a radiant dawn shines on those lost in death.
Alleluia!

Gospel

Mark 1:21-28
Jesus commands an unclean spirit.

27 JAN, 5.30PM
ST KIERAN'S

Senior Server
Louise

Readers
Ronda
Maria

Music

Communion Min
Volunteer needed

Powerpoint
Volunteer needed

Welcomers
Volunteers needed

28 JAN, 7.30AM
ST KIERAN'S

Senior Server
Jo

Readers
Lea
Tim

Music

Communion Min
Volunteer needed

Powerpoint
Volunteer needed

Welcomers
Volunteers needed

28 JAN, 9AM
ST CECILIA'S

Senior Server
Antoinette

Readers
TBA

Music

Communion Min
Volunteer needed

Powerpoint
Volunteer needed

Welcomers
Christine

28 JAN, 9.30AM
ST KIERAN'S

Senior Server
Michael

Readers
Kaye
Anne

Music

Communion Min
Volunteer needed

Powerpoint
Volunteer needed

Welcomers
Volunteers needed

28 JAN, 6PM
ST KIERAN'S

Senior Server
Stephen

Readers
Leanne
Caroline
Christine

Music

Communion Min
Volunteer needed

Powerpoint
Volunteer needed

Welcomers
Volunteer needed

OBSERVANCES FOR THE WEEK OF 21 JANUARY

Mon 22 Jan: Monday of the 3rd Week in Ordinary Time, Yr 2

Tue 23 Jan: Tuesday of the 3rd Week in Ordinary Time, Yr 2

Wed 24 Jan: St Frances de Sales, bishop, doctor

Thu 25 Jan: The Conversion of St Paul, apostle

Fri 26 Jan: Australia Day

Sat 27 Jan: Saturday of the 3rd Week in Ordinary Time, Yr 2

The Catholic Community of North Harbour

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay www.bbcatholic.org.au

Parish Office 2 King Street, MANLY VALE 2093 NSW AUSTRALIA

P 02 9949 4455 E parishoffice@northharbourcatholic.org.au W www.bbcatholic.org.au/northharbour

Office Hours 9.00am to 4pm (Monday to Friday)

Parish Churches **Church of St Cecilia** Wanganella St and White St, Balgowlah 2093 NSW

Church of St Kieran 2 King St, Manly Vale 2093 NSW

Parish Staff **Parish Priest:** Fr Michael Belonio, OSA E parishpriest@northharbourcatholic.org.au

Asst Priest: Fr Paul Maloney, OSA E paul.maloney@osa.org.au

Asst Priest: Fr Jumbim Torres, OSA E jumbim.torres@osa.org.au

Asst Priest: Fr John Zhang E john.zhang@northharbourcatholic.org.au

Parish Manager: Jacky Worthington E parishmanager@northharbourcatholic.org.au (Mon, Wed, Thu)

Parish Secretary: Jane Filacuridi E parishoffice@northharbourcatholic.org.au (Mon, Tue, Wed)

Parish Secretary: Anne Ross E parishoffice@northharbourcatholic.org.au (Thu, Fri)

Sacramental Coordinator: Janette Davidson M 0408 866 521 E sacraments@northharbourcatholic.org.au

Catechists (CCD) Coordinator: Ursula Halloway E catechist@northharbourcatholic.org.au

Music Ministry Coordinator: Marianne Kaw-Deveza E musicministry@northharbourcatholic.org.au

Augustinian Brother: Van Tu Nguyen, OSA E tunguyen@osa.org.au

Resident Priests Fr Hoang-Minh Tan, OSA E minhtanhoang@yahoo.com.au

Fr Peter Jones, OSA E peter.jones@osa.org.au (Prior Provincial)

Fr Abel van der Veer, OSA E vabelvanderveer@gmail.com (Retired)

Fr Senan Ward, OSA E senanward@bigpond.com (Chaplain, St. Augustine's College, Brookvale)

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WATERMARX GRAPHICS

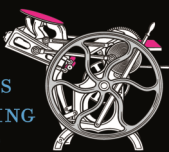
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Principal: Ms Louise O'Brien

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www.scbdbb.catholic.edu.au

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St Kieran's Catholic
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Principal: Ms Anna Marsella

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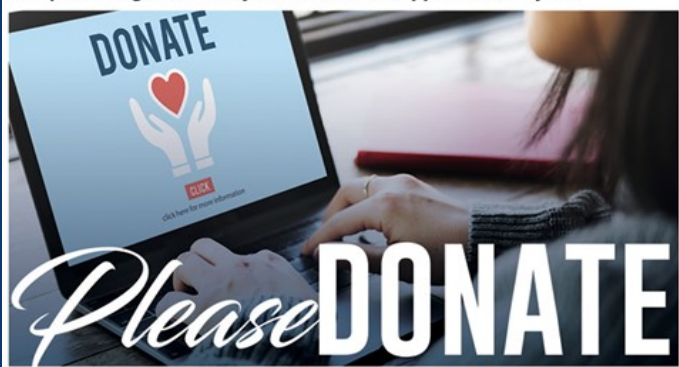
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Visit: www.bbcatholic.org.au/north-harbour/giving
or thru bank transfer:

FIRST COLLECTION: For the Augustinian Clergy (Priory)

Account Name: St. Kieran's Priory
Bank: CBA BSB: 062 784 Account Number: 100 005 010

SECOND COLLECITON: For the Parish

Account Name: Catholic Community of North Harbour
Bank: CBA BSB: 062 784 Account Number: 100 007 957

If you like to contribute by credit card, please email Jacky,
parishmanager@northharbourcatholic.org.au.
Thank you so much for your support!